

Wellbeing Advisory Board: new support material for burnout



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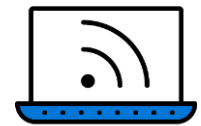
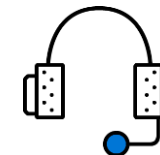
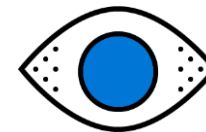
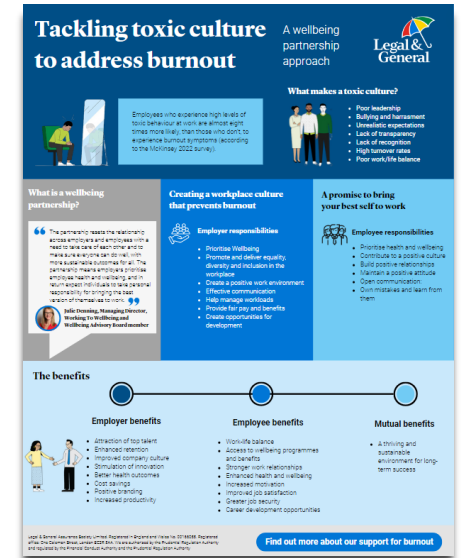
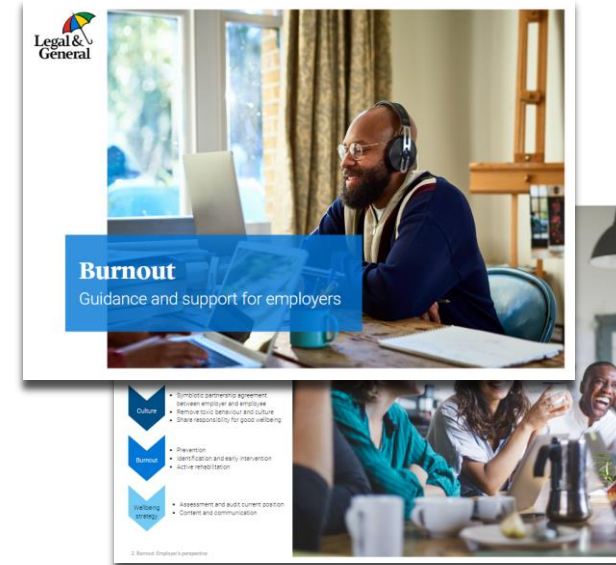
I trust you're doing well and eagerly anticipating a well-deserved Easter break. Exciting news this month! Our Wellbeing Advisory Board is gearing up to launch fresh support content for burnout.

This comprehensive resource includes guidance and support documents for employers, employees, and the self-employed. The goal? To raise awareness about burnout, equip everyone with the tools to recognise its signs, and provide practical tips for fostering better wellbeing.

Let me remind you about our Wellbeing Advisory Board. These experts cover a diverse range of fields, including clinical, occupational, vocational rehabilitation, and business consulting. Together, they collaborate to share insights across the critical health and wellbeing issues of today. Their mission? To help both employees and employers navigate the increasingly complex landscape of health and wellbeing.

Mark your calendar for April, when the new burnout support will be available. In the meantime, explore our webpages to learn more about the Wellbeing Advisory Board and existing support for long covid and financial wellbeing. Click on the links within this one-page to find out more, or feel free to reach out to me directly if you need further information.

Wishing you a wonderful Easter, and I look forward to speak to you soon!



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